



OECD WORK ON MENTAL HEALTH

Building high-performing mental health systems

Emily Hewlett, 26 April 2021
PHIRI_Rapid Exchange Forum - Special Edition II



OECD work on Mental Health



OECD brings together 37 countries from across the world

- “The OECD brings together Member countries... [who] collaborate on key global issues at national, regional and local levels. Through our standards, programmes and initiatives, we help drive and anchor reform”¹
- We help countries achieve high-performing health systems by measuring health outcomes and health system resource use and analyzing policies that improve access, efficiency and quality of health care.



Mental health is a high-level OECD priority

- [OECD Recommendation on Integrated Mental Health, Skills and Work Policy](#)
- “[The OECD Council] RECOMMENDS that Members and non-Members...seek to improve their mental health care systems in order to promote mental wellbeing, prevent mental health conditions, and provide appropriate and timely services...”²



The OECD Mental Health Performance Framework

- The OECD Mental Health Performance Framework was put together by more than 40 stakeholders from 20 different countries, and is a starting point for measuring and improving mental health care and outcomes.

¹<http://www.oecd.org/about/membersandpartners/>

²Recommendation of the Council on Integrated Mental Health, Skills and Work Policy;

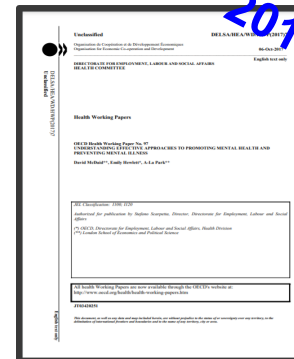
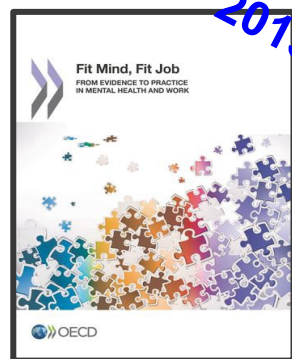
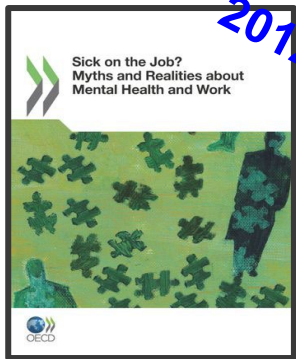
<https://legalinstruments.oecd.org/Instruments/ShowInstrumentView.aspx?InstrumentID=334&Lang=en&Book=False>

³<https://www.oecd.org/health/health-systems/OECD-Mental-Health-Performance-Framework-2019.pdf>



OECD work on Mental Health

KEY OECD PUBLICATIONS ON MENTAL HEALTH



Find out more:
<https://www.oecd.org/els/health-systems/mental-health.htm>

FORTHCOMING 2021!

MAY 2021: two OECD COVID-19 HUB BRIEFS

- Tackling the mental health impact of the COVID-19 crisis through an integrated whole-of-society response
- Mental Health, Youth and COVID-19

MAY-JUNE 2021: Report on Mental Health Performance Benchmarking

NOVEMBER 2021: Report on Report on Integrated Mental Health, Work and Skills



Mental Health System Performance Benchmarking

two expert consultations

international data scan

Policy Questionnaire and Data Questionnaire

extensive literature review

The image shows the cover and two content pages of the 'OECD Mental Health Performance Framework' report. The cover features a Van Gogh-style painting of a starry night sky with a crescent moon and a small boat on the water. The title 'OECD Mental Health Performance Framework' is prominently displayed. The content pages are divided into sections: 'Key principles of mental health performance' and 'Did you know?'. The 'Key principles' section lists six principles, each with a brief description and a list of sub-principles. The 'Did you know?' section contains a statistic: 'More than one in six people in European countries are living with a mental health problem. 1 out of 6 will experience mental illness in our lifetime.' The OECD logo is visible in the bottom right corner of both pages.

KEY FINDINGS:

- Mental health is a **growing priority** in OECD countries, and a **person-centred and integrated approach** is prioritised in policy
- A gap remains between strategy and implementation – mental health **outcomes still lagging**
- Significant efforts to **increase access to care** – scaling up-services, access entitlements, and low-threshold support
- **Mental health data availability** has increased, but is still dominated by inputs and resources

Framework available at: <https://www.oecd.org/health/health-systems/OECD-Mental-Health-Performance-Framework-2019.pdf>



The mental health impacts of the COVID-19 crisis

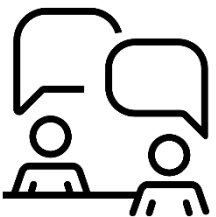
FORTHCOMING MAY 2021

COVID-19 BRIEF: Tackling the mental health impact of the COVID-19 crisis through an integrated whole-of-society response → <https://www.oecd.org/coronavirus/>



Anxiety and depression have increased significantly... but have fluctuated across 2020-21

Some groups' mental health – young people, people out of work, people who had COVID-19 – has suffered more



Mental health services have been disrupted, but new low-threshold support is increasingly widely available



Find out more...



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- [Understanding Effective Approaches to Promoting Mental Health and Preventing Mental Illness](#)
- [Fit Mind, Fit Job, 2015](#)
- [Making Mental Health Count, 2014](#)